

# Human Pubic Louse: Control and Treatment

Usman Ahmad<sup>1\*</sup>, Zeeshan Shafique<sup>1</sup>, Ahmad Zulfiqar<sup>1</sup>

1. Riphah international university, Lahore, Pakistan.

\*Corresponding author: [usmanahmad2256189@gmail.com](mailto:usmanahmad2256189@gmail.com)

## ABSTRACT

Human body lice, *Pediculus humanus corporis*, cause health risks. Due to a lack of hygiene and control, these small parasites cause infestation and transmit different diseases. There are different methods to control these parasites. From personal hygiene practices to chemical treatment, all the points are mentioned in this article. Human body lice life cycle, their sign and symptoms, control, and treatment are very important points to achieve best result against human body lice. Prevention is a key. So, control is better than treatment to solve this problem.

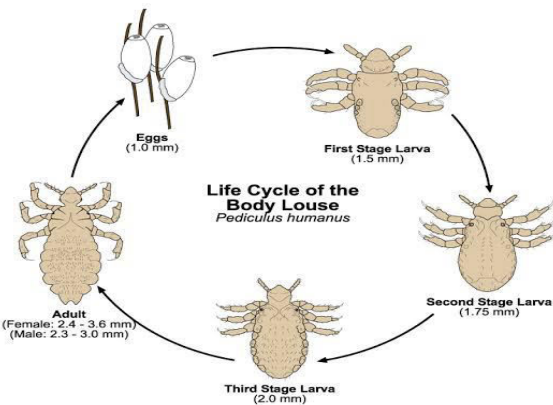
### Introduction:

Human body lice, scientifically known as *Pediculus Humanus corporis*, are tiny parasitic insects that infest human beings. While they are small in size, they have a strong impact on health (1). These small insects cause discomfort, irritation, and serious health risks. Body lice reside in unhygienic conditions, particularly in overcrowded areas where particular hygiene practices may be limited. On a suitable host, they feed on human blood and reproduce rapidly, causing the infestation. It's essential to take immediate action to control further spread.

### Life cycle:

The lifecycle of human body lice consists of three main stages egg, nymph, and adult. Female lice lay eggs on the host. The eggs have a whitish color and are extremely small. After about 6- 9 days, the eggs change into nymphs. Nymphs are immature lice. Once nymphs change into adult, they are able of reproducing and continue the cycle by laying their own eggs [8].

### Signs and symptoms



Note: Lice take several blood meals daily in larval stages and as adults.

The main signs and symptoms of human lice that they cause itching which increases at night. Blister on the skin, redness, pain and in severe cases cause pediculosis. [6]

### Control and prevention

These are some effective methods to control human body lice like maintaining Good Personal Hygiene: The first line of defense against body lice is maintaining good personal hygiene. Washing the cloth and other things which are in daily use with warm water help to control human body lice. Avoid direct contact: Body lice can easily spread through direct contact or by sharing personal items such as clothing, bedding, and towels [11]

### 5. Herbal remedies:

Use of natural and herbal remedies like oils, lotions, and shampoo are effective to control the human body lice and its infestation. [7]

### 6. Treatments

Treatment protocol, topical treatment is effective to control the infestation of body lice. Topical treatment include lotions, creams, and shampoo are best choice to treat the body lice infestation and to control its further spread to others.[5]

### Conclusion:

The control of human body lice is challenging, but not impossible. By using the right control and treatment methods. By exposure to personal hygiene practices to effective treatment, this helps you to control these human body lice. Remember, prevention is key, so maintaining cleanliness and by good

hygiene practices, keep this problem away, addition, affective treatments will ensure long time control of these ectoparasites. If you want to protect yourself from flies, you should take responsibility yourself to control them and live a comfort life.

For any consultation don't hesitate to contact Riphah College of veterinary sciences parasitology department.

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