

# Diffusion of Traditional Chinese Medicine in Pakistan: A pipedream for health care

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## ABSTRACT

Nanoparticles are tiny particles with diameters ranging from 1 to 100 nanometers, which exhibit unique properties compared to their bulk counterparts. Their small size and high surface area-to-volume ratio make them useful in various applications such as drug delivery, imaging, and catalysis. However, their potential toxicity and environmental impact have raised concerns about their safe use and disposal. This article provides an overview of nanoparticles, their synthesis methods, and their applications in various fields. It also discusses the challenges associated with their toxicity and environmental impact and the ongoing efforts to address these issues. Ultimately, the article highlights the need for a responsible and sustainable approach to the development and use of nanoparticles in various applications.

### Nanoparticles

#### Introduction:

Nanoparticles are tiny patches with a size range of 1 to 100 nanometers. They're used in numerous operations, including drugs, electronics, and energy. As exploration into nanoparticles continues, new and innovative uses are being set up for these tiny patches.

#### Synthesis of Nanoparticles

Synthesis of nanoparticles involves the preparation of small, nanoscale particles of various materials using a variety of techniques. These nanoparticles can have unique physical and chemical properties, making them valuable in a wide range of applications, including medicine, engineering, energy, and electronics. Here are some steps involved in the synthesis of nanoparticles:

**1. Choosing the Material:** Select the material you want to synthesize into nanoparticles. Materials such as metals, metal oxides, and semiconductors are commonly used for nanoparticle synthesis.

#### 2. Selection of Synthesis Method:

Methods are mainly divided into two main types.

- a) Top-down
- b) Bottom-up

There are several methods for the synthesis of nanoparticles, including chemical, physical, and biological methods. Some of the most commonly used methods include chemical reduction, sol-gel, microwave-assisted synthesis, and sonochemistry.

#### 3. Characterization:

Once the nanoparticles are synthesized, they must be characterized to determine their size, shape, and composition using various analytical techniques such as transmission electron microscopy (TEM), scanning electron microscopy (SEM), x-ray diffraction (XRD), and dynamic light scattering (DLS).

#### 4. Surface Functionalization:

The nanoparticles can be coated with a layer of organic molecules to improve their stability, and biocompatibility, or to introduce specific functionalities that make them more suitable for a particular application.

#### Uses

##### Medical industry

One of the most promising operations for nanoparticles is in drugs. Nanoparticles can be used to deliver medicines directly to cancer cells, for illustration. This means that the medicines can target only the cancer cells, conserve healthy cells from damage.

##### Electronic industry

Nanoparticles are also used in the electronics industry. As electronic devices continue to shrink, nanoparticles are being used to produce factors that are lower and more effective. For illustration, nanoparticles are being used to produce computer chips that are briskly and consume lower power.

##### Power industry

Nanoparticles also have implicit in the field of energy. One illustration is in solar cells, where nanoparticles can be used to produce more effective and cheaper cells. By manipulating the size and shape of nanoparticles, experimenters can produce equipment that absorb light more efficiently, which can lead to better solar cell performance.

##### Safety concerns

Despite the numerous implicit benefits of nanoparticles, some enterprises have been raised about their safety.

•Because nanoparticles are so small, they can access deep into the body and interact with natural systems in ways that larger patches do not.

•Some studies have suggested that certain types of nanoparticles may cause damage to cells, although further exploration is demanded to completely understand the risks.

#### Experimental work

To address these enterprises, experimenters are exploring ways to produce nanoparticles that are more biocompatible and less poisonous.

•Some substances, similar to gold nanoparticles, are allowed to be fairly safe for use in drugs because they aren't dangerous to the body and can be fluently excreted.

•Research is ongoing, still, to develop new substances that are indeed more biocompatible.

#### Conclusion

In conclusion, nanoparticles are a promising area of exploration with numerous implicit operations. From drugs to electronics to energy, nanoparticles hold the pledge of revolutionizing numerous fields. Still, it's important that we continue to study the implicit problems associated with these tiny patches to ensure that their use is safe and immorally sound.

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